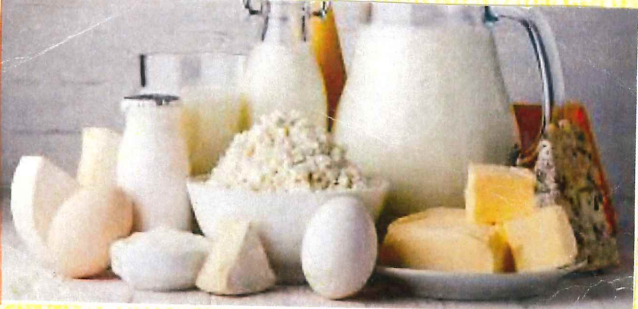


Healthy Food



Low Fat
Low Salt
Low Sugar

Unhealthy Food



High Fat
High Salt
High Sugar

My Good Eating Habits

Regular and balanced meal



No snack before meal



Wash hand before meal

